



PATENT APPLICATION  
Docket No: 13914.880

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re application of )  
 )  
Dalebout, et al. )  
 )  
Serial No.: 10/647,729 )  
 )  
Filed: August 25, 2003 )  
 )  
For: EXERCISE DEVICE WITH CENTRALLY MOUNTED )  
RESISTANCE ROD AND AUTOMATIC WEIGHT )  
SELECTOR APPARATUS )

CERTIFICATE OF MAILING UNDER 37 C.F.R. § 1.8

I hereby certify that the following documents are being deposited with the United States Postal Service as first class mail, postage prepaid, in an envelope addressed to: Mail Stop: IDS – NO FEE, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450, on this 17 day of December, 2003:

- Transmittal for Information Disclosure Statement (3 pgs.) (in duplicate)
- Information Disclosure Statement (2 pgs.)
- Form PTO-1449 (4 pgs.)
- Copies of 14 references
- Postcard

Respectfully submitted,

Linda Clark, Assistant to  
David B. Dellenbach  
Attorney for Applicant  
Registration No. 39,166  
Customer No. 022913

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## PATENT APPLICATION

Docket No: 13914.880

PATENTS

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## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re application of

Dalebout, et al.

Serial No.:

10/647,729

Filed:

August 25, 2003

For:

EXERCISE DEVICE WITH CENTRALLY MOUNTED  
RESISTANCE ROD AND AUTOMATIC WEIGHT  
SELECTOR APPARATUS

## TRANSMITTAL FOR INFORMATION DISCLOSURE STATEMENT

Mail Stop: IDS – NO FEE

Commissioner for Patents

P.O. Box 1450

Alexandria, VA 22313-1450

Sir:

Transmitted herewith for filing and pursuant to 37 C.F.R. § 1.97 is an Information Disclosure Statement, which includes the following statements, if any, required variously by 37 C.F.R. § 1.98:

\_\_\_ Statement of relevance of selected cited references not in the English language which are not translated.

\_\_\_ Statement that selected cited references are substantially cumulative of an enclosed or previously submitted reference.

\_\_\_\_ Statement that selected cited references were previously cited by or submitted to the United States Patent and Trademark Office in a prior application which is relied upon for an earlier filing date under 35 U.S.C. § 120.

A. Additional Materials Required Due to Content of Information Disclosure Statement

Transmitted are the following documents in addition to the Information Disclosure Statement as required variously under 37 C.F.R. § 1.98:

X Form PTO-1449 listing 45 references submitted for consideration.

X Copies of each of the required 14 references listed on the Form PTO-1449.

\_\_\_\_ English translations as indicated on the Form PTO-1449 of the references which are not in the English language.

\_\_\_\_ Copies of the following documents from the prosecution of a previous, related application:

\_\_\_\_ Form PTO-1449 AND INFORMATION DISCLOSURE STATEMENT; and

\_\_\_\_ Form PTO-892

B. Additional Materials Required Due to Timing of Filing of Information Disclosure Statement

The transmitted Information Disclosure Statement is being filed within one (1) of the following four (4) time periods:

I. X Prior to the later of either three (3) months following the filing date or the mailing of a first Office Action. Accordingly, no materials other than those listed above are enclosed.

II. \_\_\_\_ Following the latter of either three (3) months following the filing date or the mailing of a first Office Action, but before the mailing of a final Office Action or a Notice of Allowance. Accordingly, to secure consideration thereof, one (1) of the following is also enclosed:

\_\_\_\_ Promptness Certification; or

\_\_\_\_ Credit Card Form PTO 2038 in the amount of \$180.00 constituting the submission fee set forth in 37 C.F.R. § 1.17(p).

III. \_\_\_\_ After the mailing of a Notice of Allowance, but before payment of the Issue Fee. Accordingly, in order to secure consideration thereof, each of the following are also enclosed:

\_\_\_\_ Promptness Certificate;

\_\_\_ Petition for Consideration; and

\_\_\_ Check No. in the amount of \$ \_\_\_\_\_ constituting the petition fee set forth in 37 C.F.R. § 1.17(i)(1).

IV. \_\_\_ After payment of the Issue Fee. Accordingly, in order to secure consideration thereof, each of the following are also enclosed:

\_\_\_ Petition to Withdraw from Issue; and

\_\_\_ Check No. \_\_\_\_\_ in the amount of \$ \_\_\_\_\_ constituting the petition fee set forth in 37 C.F.R. § 1.17(i)(1).

C. Fees

The Commissioner is hereby authorized to charge payment of or any deficiency in the following fees associated with this communication, or to credit any overpayment thereof, to Deposit Account No. 23-3178. A duplicate copy of this letter is enclosed.

X Any fee required in relation to filing of this letter or any documents transmitted therewith.

\_\_\_ The submission fee set forth in 37 C.F.R. § 1.17(p) in the event that 37 C.F.R. § 1.97(c) applies and the Examiner is not satisfied that any Promptness Certificate submitted meets the requirements of 37 C.F.R. § 1.97(e).

\_\_\_ The submission fee set forth in 37 C.F.R. § 1.17(p).

\_\_\_ The petition fee set forth in 37 C.F.R. § 1.17(i)(1).

Dated this 17 day of December, 2003.

Respectfully submitted,



David B. Dellenbach  
Attorney for Applicant  
Registration No. 39,166  
Customer No. 022913



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re application of

Dalebout, et al.

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Filed: August 25, 2003

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RESISTANCE ROD AND AUTOMATIC WEIGHT  
SELECTOR APPARATUS

**INFORMATION DISCLOSURE STATEMENT**  
**UNDER 37 C.F.R. § 1.97**

**Mail Stop: IDS – NO FEE**  
**Commissioner for Patents**  
**P.O. Box 1450**  
**Alexandria, VA 22313-1450**

Sir:

Please find, pursuant to 37 C.F.R. § 1.98(a)(1), the enclosed Form PTO-1449 which contains a list of all patents, publications, or other items that have come to the attention of one or more of the individuals designated in 37 C.F.R. § 1.56(c). While no representation is made that any of these references may be "prior art" within the meaning of that term under 35 U.S.C. §§ 102 or 103, the enclosed list of references is disclosed so as to fully comply with the duty of disclosure set forth in 37 C.F.R. § 1.56.

Moreover, while no representation is made that a specific search of office files or patent office records has been conducted or that no better art exists, the undersigned attorney of record believes that the enclosed art is the closest to the claimed invention (taken in its entirety) of which the undersigned is presently aware, and no art which is closer to the claimed invention (taken in its entirety) has been knowingly withheld.

In accordance with 37 C.F.R. §§ 1.97 and 1.98, a copy of each of the required references or relevant portion thereof is also enclosed.

Dated this 17 day of December, 2003

Respectfully submitted,

A handwritten signature in black ink, appearing to read 'D. B. Dellenbach', with a horizontal line extending to the right.

David B. Dellenbach  
Attorney for Applicant  
Registration No. 39,166  
**Customer No. 022913**

DBD/lrc  
LC0000000359V001

Applicant:

Dalebout et al.

Serial No.:

10/647,729

Filing Date:

August 25, 2003

For:

EXERCISE DEVICE WITH CENTRALLY MOUNTED RESISTANCE ROD

Att'y Docket No.: 13914.880

Group No.

INFORMATION DISCLOSURE CITATIONS MADE BY APPLICANTU.S. Patent Documents

<u>Examiner Initial*</u>	<u>Document Number</u>	<u>Issue Date</u>	<u>Name</u>
___ 1	192,338	06/26/1877	Marshall
___ 2	428,912	05/27/1890	Holmes
___ 3	610,716	09/13/1898	Marshall
___ 4	754,992	03/22/1904	Grabner
___ 5	807,670	12/19/1905	Grabner
___ 6	1,576,474	03/09/1926	Walker
___ 7	1,585,748	05/05/1926	Wendelken
___ 8	2,855,200	10/07/1958	Blickman
___ 9	3,342,485	03/18/1965	Gaul
___ 10	3,567,219	03/02/1971	Foster
___ 11	3,658,327	04/25/1972	Thiede
___ 12	3,664,916	05/23/1972	Grellier et al.
___ 13	3,708,167	01/02/1973	Potgieter
___ 14	3,797,624	03/19/1974	Powell et al.
___ 15	3,981,500	09/21/1976	Ryan

Examiner:

Date Considered:

\*EXAMINER: Initial if reference considered, whether or not citation is in conformance with MPEP 609, draw line through citation if not in conformance and not considered. Include copy of this form with next communication to applicant.

Applicant:

Dalebout et al.

Serial No.:

10/647,729

Filing Date:

August 25, 2003

Att'y Docket No.: 13914.880

For:

EXERCISE DEVICE WITH CENTRALLY MOUNTED RESISTANCE ROD

Group No.



___ 16	4,063,727	12/20/1977	Hall
___ 17	4,494,662	01/22/1985	Clymer
___ 18	4,620,704	11/04/1986	Shifferaw
___ 19	4,725,057	02/16/1988	Shifferaw
___ 20	4,756,527	07/12/1988	Ledbetter
___ 21	4,790,596	12/13/1988	Shifferaw
___ 22	5,039,088	08/13/1991	Shifferaw
___ 23	5,123,886	06/23/1992	Cook
___ 24	6,003,294	12/21/1999	Fitzgerald et al.
___ 25	6,011,134	01/04/2000	Marks et al.
___ 26	6,172,178 B1	01/09/2001	Koning et al.
___ 27	6,217,495 B1	04/17/2001	Yalch
___ 28	6,238,322 B1	05/29/2001	Hsu
___ 29	6,238,323 B1	05/29/2001	Simonson
___ 30	6,319,179 B1	11/20/2001	Hinds
___ 31	6,335,100 B1	01/01/2002	Tominaga et al.

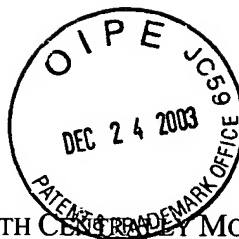
Examiner:

Date Considered:

\*EXAMINER: Initial if reference considered, whether or not citation is in conformance with MPEP 609, draw line through citation if not in conformance and not considered. Include copy of this form with next communication to applicant.



Applicant: Dalebout et al.  
 Serial No.: 10/647,729  
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Att'y Docket No.: 13914.880  
 Group No.

Other Documents

(including author, title, pertinent pages, etc.)

Examiner  
Initial\*

- \_\_\_\_\_ 32 MegaFitness.com, *Band Flex Home Gym*, printed August 14, 2002, Copyright 1997-2002, 5 pgs.
- \_\_\_\_\_ 33 LeonardFitness.com, *Bandflex Home Gym*, printed August 14, 2002, Copyright 1999-2001, 4 pgs.
- \_\_\_\_\_ 34 LeonardFitness.com, *Bowflex® Power Pro*, printed August 20, 2002, Copyright 1999-2001, 3 pgs.
- \_\_\_\_\_ 35 Website, www.bowflex.com, printed September 17, 2002, 96 pgs.
- \_\_\_\_\_ 36 Bowflex® Power Pro®, *Owner's Manual & Fitness Guide*, Copyright 2001, 80 pgs.
- \_\_\_\_\_ 37 Bowflex® Power Pro®, *Assembly Manual*, Copyright 2000, 28 pgs.
- \_\_\_\_\_ 38 *Lat Pulldown Attachment Assembly Instructions*, available, on information and belief, at least as early as March, 2002, 10 pgs.
- \_\_\_\_\_ 39 Reviewboard.com, *Bowflex Power Pro XTLU*, printed August 20, 2002, 2 pgs.
- \_\_\_\_\_ 40 NickPicks.com, *As Seen on TV Bowflex*, printed August 20, 2002, 3 pgs.
- \_\_\_\_\_ 41 2002 Project Abstract (including "University of Wyoming Zero Gravity Construction"), printed August 20, 2002, 9 pgs.
- \_\_\_\_\_ 42 Bowflex Trainer, *Power Rod Resistance*, printed August 20, 2002, 1 pg.
- \_\_\_\_\_ 43 Battle for the Best Pecs, printed August 20, 2002, 3 pgs.
- \_\_\_\_\_ 44 Soloflex.com, *Soloflex®, Compound Barbell*, printed September 17, 2002, 1 pg.
- \_\_\_\_\_ 45 Bowflex.com, *Get Results with a Blowlfex Home Gym*, printed September 17, 2002, Copyright 2002, 2 pgs.

Examiner:

Date Considered:

\*EXAMINER: Initial if reference considered, whether or not citation is in conformance with MPEP 609, draw line through citation if not in conformance and not considered. Include copy of this form with next communication to applicant.

Form PTO-1449

Applicant:

Serial No.:

Filing Date:

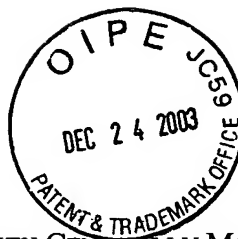
For:

Dalebout et al.

10/647,729

August 25, 2003

EXERCISE DEVICE WITH CENTRALLY MOUNTED RESISTANCE ROD



Sheet 4 of 4

Att'y Docket No.: 13914.880

Group No.

### References Cited by Applicants

While the filing of Information Disclosure Statements is voluntary, the procedure is governed by the guidelines of Section 609 of the Manual of Patent Examining Procedure and 37 C.F.R. §§ 1.97 and 1.98. To be considered a proper Information Disclosure Statement, Form PTO-1449 shall be accompanied by a copy of each listed patent or publication or other item of information and a translation of the pertinent portions of foreign documents (if an existing translation is readily available to the applicant), an explanation of relevance of each reference not in the English language, and should be submitted in a timely manner as set out in MPEP Sec. 609.

Examiners will consider all citations submitted in conformance with 37 C.F.R. § 1.98 and MPEP Sec. 609 and place their initials adjacent the citations in the spaces provided on this form. Examiners will also initial citations not in conformance with the guidelines which may have been considered. A reference may be considered by the Examiner for any reason whether or not the citation is in full conformance with the guidelines. A line will be drawn through a citation if it is not in conformance with the guidelines AND has not been considered. A copy of the submitted form, as reviewed by the Examiner, will be returned to the applicant with the next communication. The original of the form will be entered into the application file.

Each citation initialed by the Examiner will be printed on the issued patent in the same manner as references cited by the Examiner on Form PTO-892.

The reference designations "A1," "A2," etc. (referring to Applicant's reference 1, Applicant's reference 2, etc.) will be used by the Examiner in the same manner as Examiner's reference designations "A," "B," "C," etc. on Office Action Form PTO-1142.

LC0000000364V001

Examiner:

Date Considered:

\*EXAMINER: Initial if reference considered, whether or not citation is in conformance with MPEP 609, draw line through citation if not in conformance and not considered. Include copy of this form with next communication to applicant.